

## Basic Info



### Profile

#### Your profile information

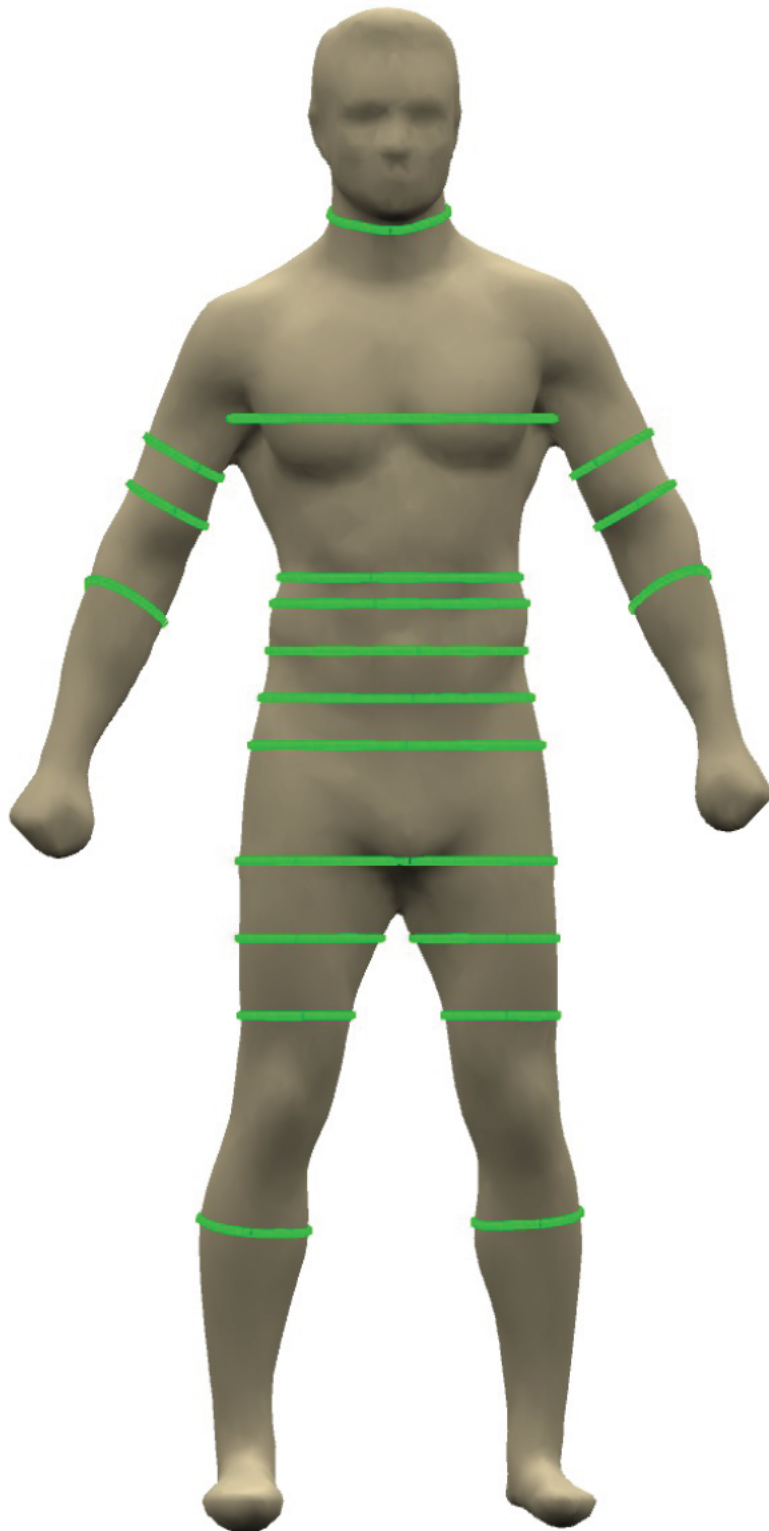
Full Name	[REDACTED]
Age	39
Gender	Male
Height & Weight	5 ft 9 in & 170.0 lbs
Email	[REDACTED]@[REDACTED].com
Scan Date	6/16/2023 12:23:43 PM
Location	NYC Performance Lab

### Summary

#### Wellness Information

Body Fat %	19.9%
Fat Mass	33.8 lbs
Lean Mass	130.3 lbs
Body Fat % Rank	Your body fat % rank is Fit
Comparison Rank	Lower body fat than 70% of your peers
BMR	1741 Calories/day
Health Risks	0% higher than ideal





### Body Measurements ( bs, n)

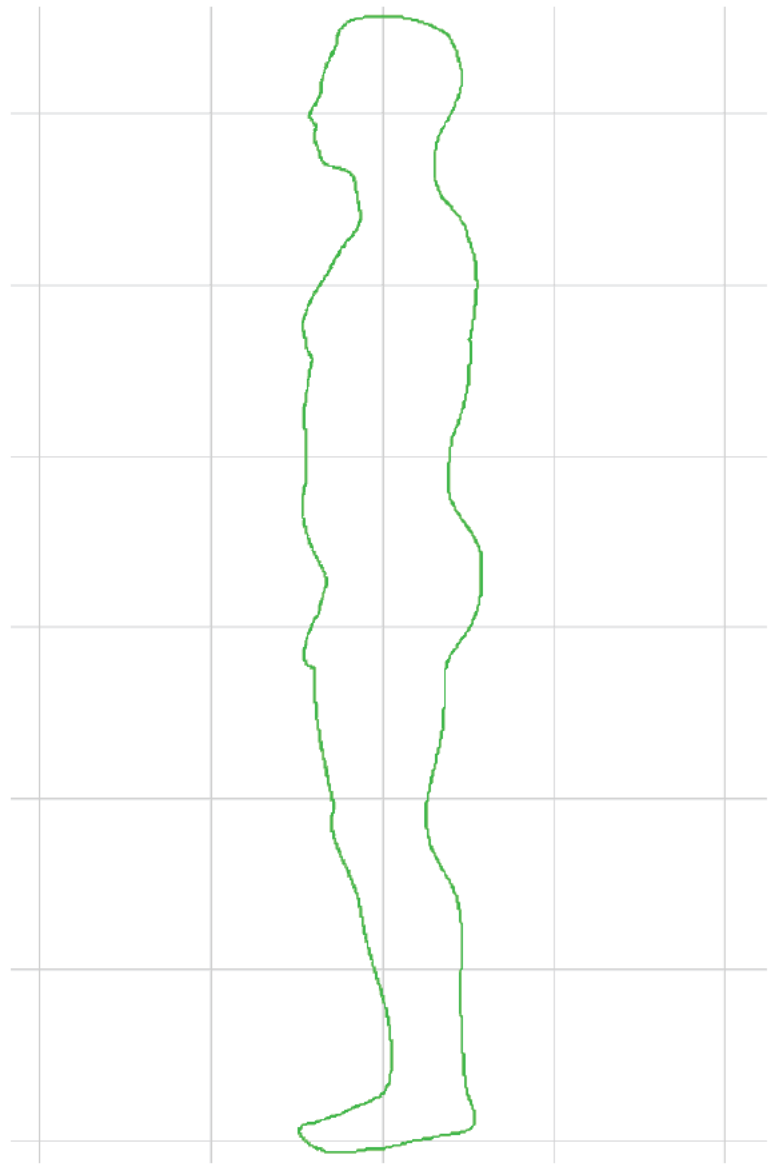
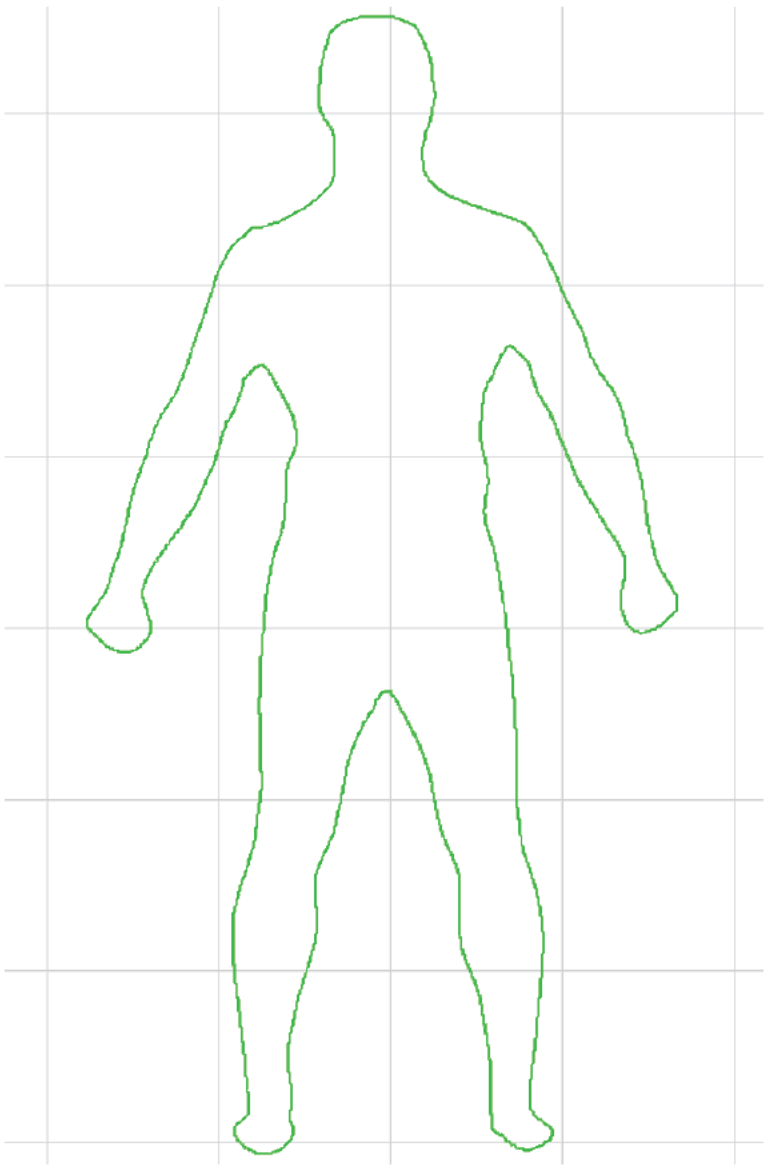
Body Fat %	19.9
Lean Mass %	76.7
Bone Mass %	3.4
Fat Mass	33.8
Lean Mass	130.3
Bone Mass	5.9
Andro d Mass	2.7
Gyno d Mass	11.2
Vscera Fat	0.4
Subcutaneous Fat	1.7
B cep Left Lower	12.5
B cep Left	13.6
B cep R ght Lower	12.3
B cep R ght	13.3
Ca f Left	14.9
Ca f R ght	15.5
Chest	41.1
Forearm Left	12.6
Forearm R ght	12.4
Hgh Hp	35.2
Hp	37.5
Neck	15.6
Th gh Left Lower	15.4
Md-Th gh Left	19.3
Th gh Left Upper	25.1
Th gh R ght Lower	15.3
Md-Th gh R ght	19.3
Th gh R ght Upper	23.5
Wa st (Abdom na )	31.8
Wa st (Lower)	32.9
Wa st (Narrowest)	30.5

Full Body Posture



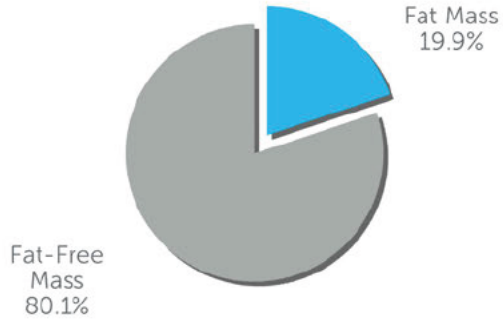
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Profile

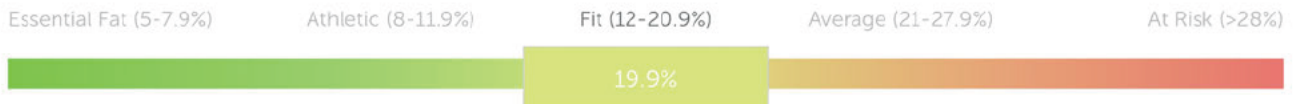


### Body Composition

Your body is made up of 33.8 lbs of fat mass and 136.2 lbs of non-fat mass.



### Your Rank 20% places you on the "Fit" level. (based on Mayo Clinic research)



### Compared With Others You have a lower body fat than 70% of men, between ages 30-39.

